Sample: synthetic brief, not a real person

Chronology

Darius Lee Castagna · CORPUS-c1-wc-psych-mw3gbl7u · prepared 5 Nov 2026

How to read this

Each row is one encounter, report or document event drawn from the records supplied; the points under it are the facts recorded, each citing the document and page it comes from as D-number and page. The document list below maps each D-number to the Q-number on your upload receipt, so you can open the same page in your own copy of the brief. Rows are in date order, with undated rows last, grouped by document. A row marked “date of the note” or “document date” has no date of its own on the page; it is placed by the date of the note or document it appears in, with the page that date is on. Entries rejected in review are not included. A point marked unverified is one whose quoted words could not be located on the page it cites; treat it with care. A point marked “read by AI, not confirmed” comes from a scanned page that was read by AI; its quoted words are in that reading, but a second, independent reading of the page did not confirm them, so check the page. Nothing here is an opinion: the chronology is an aid to your own reading of the records, not a substitute for it.
Pages not extracted: D5 p.1 (part, lines not read); D5 p.10-11 (part, lines not read); D5 p.13-15 (part, lines not read); D5 p.22-23 (part, lines not read); D7 p.1-8 (part, lines not read); D12 p.1 (part, lines not read). Nothing from these pages is in the chronology, except what was read of a page marked part; read them in the documents.

Documents

D-ID	Type	Pages	Your file
D1	Letter of instruction	3	01-letter-of-instruction.pdf
D2	Other	3	02-claim-form.pdf
D3	Other	4	03-employer-incident-and-rtw.pdf
D4	Clinical records	4	04-hospital-records.pdf
D5	Clinical records	23	05-gp-clinical-notes.pdf
D6	Clinical records	9	06-specialist-letters.pdf
D7	Clinical records	29	07-psychology-session-notes.pdf
D8	Clinical records	6	08-certificates.pdf
D9	Clinical records	3	09-pharmacy-dispensing-history.pdf
D10	Correspondence	3	10-faxed-correspondence-copies.pdf
D11	Other	3	11-claimant-diary-handwritten.pdf
D12	Prior report	4	12-prior-independent-report.pdf
D13	Correspondence	4	13-insurer-correspondence.pdf
D14	Other	2	14-fax-covers-and-blank-pages.pdf

Chronology (154 rows, 502 facts)

Date	Encounter / record	Source
7 Mar 2025	**Dr Hollis Ollerenshaw-Tan** D6 · Clinical records · Prior opinion, Event, Treatment • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single episode, moderate and post-traumatic stress disorder. [D6 p.3] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan on 07/03/2025; mood was flat and affect restricted, reactive to humour. [D6 p.3] • The worker was taking Sertraline 100 mg mane, Mirtazapine 15 mg nocte and Diazepam 5 mg prn, max 2 per week. [D6 p.3] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan; mood was flat with restricted affect reactive to humour and thought content preoccupied with the incident. [D6 p.3]	D6 p.3

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Date	Encounter / record	Source
7 Mar 2025	**Cockatoo Flats Psychiatry Rooms** D10 · Correspondence · Prior opinion, Event, Treatment • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single episode, moderate and post-traumatic stress disorder. [D10 p.2] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan who noted mood 'flat', affect restricted and reactive to humour, and thought content preoccupied with the incident. [D10 p.2] • Current medicines recorded as Sertraline 100 mg mane, Mirtazapine 15 mg nocte and Diazepam 5 mg pm, max 2 per week. [D10 p.2]	D10 p.2
7 Mar 2025 (date of the note, p.3)	**Dr Honora Quenneville-Ash** D6 · Clinical records · Event, Treatment • Questionnaires were completed today with a K10 score of 31, PHQ-9 score of 14 and GAD-7 score of 12. [D6 p.4] • The plan was to continue physiotherapy and review in 6 weeks. [D6 p.4]	D6 p.4
30 Apr 2025	**Event** D12 · Prior report • The injury occurred on 30/04/2025. [D12 p.2]	D12 p.2
30 Apr 2025	**Dr Ulla Thistlecombe** D5 · Clinical records · Event • Examination showed flat affect, reactive at times, no psychotic features; no suicidal ideation, protective factors family. [D5 p.1] • The worker attended psychology fortnightly and found grounding helpful. [D5 p.1] • A referral letter was written. [D5 p.1]	D5 p.1
30 Apr 2025	**Kookaburra Vale Aged Care Village Pty Ltd** D3 · Other · Claim document • First aid was given on site and the worker went to the GP that afternoon. [D3 p.1] • An incident report states the worker was threatened and pushed by a member of the public; police attended. [D3 p.1]	D3 p.1
1 May 2025	**Event** D2 · Other • The worker was assaulted and threatened at work on 01/05/2025 at 8:35. [D2 p.2] read by AI, not confirmed	D2 p.2 Point(s) read by AI from a scanned page, not confirmed by a second reading
2 May 2025	**Dr Ulla Thistlecombe** D5 · Clinical records · Event • Examination showed brighter affect, organised thought, insight good; no suicidal ideation, protective factors family. [D5 p.1] • K10 score was 36. [D5 p.1] • A referral letter was written. [D5 p.1] • The worker reported feeling on edge in crowds, startling easily and having poor concentration. [D5 p.1]	D5 p.1
5 May 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • Examination showed brighter affect, organised thought, insight good; passive death wish denied, no plan or intent. [D5 p.2] • The worker felt on edge in crowds, startled easily, and had poor concentration. [D5 p.2] • A certificate was issued. [D5 p.2]	D5 p.2
6 May 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Diazepam 5 mg 10 tablets dispensed by West Pharmacy on 06-May-25. [D9 p.1]	D9 p.1
16 May 2025	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event, Treatment • The worker attended a telehealth (video) consultation with Dr Marigold Elderfield-Musa. [D5 p.3] • The worker presented with a flat affect and was reactive at times. [D5 p.3]	D5 p.3

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Date	Encounter / record	Source
	• Diazepam was started at 5 mg prn, max 2 per week. [D5 p.3] • Examination showed flat affect, reactive at times, no psychotic features; denies SI or self-harm, safety plan reviewed. [D5 p.3] • The worker attended psychology fortnightly and found grounding helpful. [D5 p.3] • The worker denied suicidal ideation (SI) or self-harm. [D5 p.3] • The worker had no psychotic features. [D5 p.3] • A referral letter was written. [D5 p.3]	
18 May 2025	**Claim document** D2 · Other • The worker signed the Application for Compensation on 18/05/2025. [D2 p.1]	D2 p.1
20 May 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 50 mg 30 tablets dispensed by West Pharmacy on 20-May-25. [D9 p.1]	D9 p.1
29 May 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker's DASS-21 Stress score was 28. [D7 p.1] • The worker's goals were to be reviewed in the next session. [D7 p.1] • The worker had no suicidal ideation and family was a protective factor. [D7 p.1] • A relapse prevention plan was drafted. [D7 p.1] • The worker's K10 score was 35. [D7 p.1] • The worker's PHQ-9 score was 18. [D7 p.1] • The worker presented with symptoms of being irritable with family and withdrawn from friends. [D7 p.1] • The worker's GAD-7 score was 14. [D7 p.1] • The worker's DASS-21 Depression score was 28. [D7 p.1] • The worker's DASS-21 Anxiety score was 24. [D7 p.1]	D7 p.1
31 May 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Treatment, Event • Bloods were ordered. [D5 p.4] • The worker attended a standard consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.4] • The worker reported feeling on edge in crowds, startling easily, and having poor concentration. [D5 p.4] • The worker presented with a flat affect and was reactive at times. [D5 p.4] • The worker had no psychotic features. [D5 p.4] • The worker denied suicidal ideation (SI) or self-harm. [D5 p.4] • The safety plan was reviewed. [D5 p.4] • The worker's K10 score was 31. [D5 p.4] • Sertraline 50 mg was started to be taken in the morning (mane). [D5 p.4]	D5 p.4
3 June 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Diazepam 5 mg 10 tablets dispensed by West Pharmacy on 03-Jun-25. [D9 p.1]	D9 p.1
6 June 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker denied suicidal ideation (SI) or self-harm. [D5 p.4] • The worker reported feeling on edge in crowds, startling easily, and having poor concentration. [D5 p.4] • The worker was tearful at times. [D5 p.4] • The worker had good eye contact. [D5 p.4] • The worker's speech was of normal rate. [D5 p.4] • Bloods were ordered. [D5 p.4]	D5 p.4

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Date	Encounter / record	Source
	• The worker's K10 score was 32. [D5 p.4] • The worker had no psychotic features. [D5 p.4] • The safety plan was reviewed. [D5 p.4] • The worker attended a long consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.4]	
10 June 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker had no psychotic features. [D5 p.5] • The worker's K10 score was recorded as 31. [D5 p.5] read by AI, not confirmed • Bloods were ordered. [D5 p.5] • The safety plan was reviewed. [D5 p.5] • The worker attended a telehealth (video) consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.5] • The worker reported attending psychology fortnightly and finds grounding helpful. [D5 p.5] • The worker presented with a flat affect and was reactive at times. [D5 p.5] • The worker denied suicidal ideation (SI) or self-harm. [D5 p.5]	D5 p.5 Point(s) read by AI from a scanned page, not confirmed by a second reading
10 June 2025	**Dr Evander Brackenridge-Oyo** D5 · Clinical records · Event • The worker was seen by locum Dr Evander Brackenridge-Oyo. [D5 p.5]	D5 p.5
17 June 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 100 mg 30 tablets dispensed by West Pharmacy on 17-Jun-25. [D9 p.1]	D9 p.1
18 June 2025	**Event** D11 · Other • The worker's mood was 4/10. [D11 p.1] read by AI, not confirmed • The worker's kids helped with dinner. [D11 p.1] read by AI, not confirmed • The worker's mood was 3/10. [D11 p.1] read by AI, not confirmed • The worker had a bad night. [D11 p.1] read by AI, not confirmed	D11 p.1 Point(s) read by AI from a scanned page, not confirmed by a second reading
23 June 2025	**Cockatoo Flats Psychiatry Rooms** D10 · Correspondence · Treatment, Prior opinion, Event • Current medicines recorded as Sertraline 100 mg mane and Diazepam 5 mg prn, max 2 per week. [D10 p.1] • Dr Hollis Ollerenshaw-Tan diagnosed adjustment disorder with mixed anxiety and depressed mood. [D10 p.1] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan who noted no perceptual disturbance, grossly intact cognition, and fair insight and judgement. [D10 p.1]	D10 p.1
23 June 2025	**Dr Honora Quenneville-Ash** D6 · Clinical records · Treatment, Event • The plan was to continue psychology and medicines and review in 2 months. [D6 p.2] • The worker completed questionnaires: K10 score 33, PHQ-9 score 17, and GAD-7 score 14. [D6 p.2]	D6 p.2
23 June 2025	**Dr Hollis Ollerenshaw-Tan** D6 · Clinical records · Treatment, Prior opinion, Event • The worker was taking Sertraline 100 mg mane and Diazepam 5 mg prn, max 2 per week. [D6 p.1] • Dr Hollis Ollerenshaw-Tan diagnosed adjustment disorder with mixed anxiety and depressed mood. [D6 p.1] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan; cognition was grossly intact and insight and judgement were fair. [D6 p.1]	D6 p.1
24 June 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker reported organised thought. [D5 p.6]	D5 p.6

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Date	Encounter / record	Source
	• The worker reported good insight. [D5 p.6] • The worker denied a passive death wish. [D5 p.6] • The worker reported no plan or intent. [D5 p.6] • Sertraline was changed to 100 mg mane. [D5 p.6] • A referral letter was written. [D5 p.6] • The worker reported brighter affect. [D5 p.6] • The worker reported still waking at 3 am. [D5 p.6] • The worker reported walking daily. [D5 p.6] • The worker reported mood a little better. [D5 p.6] • The worker attended a standard consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.6]	
24 June 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker's mood was a little better. [D7 p.2] • The worker was still waking at 3 am. [D7 p.2] • Sleep hygiene and nightmare rescripting were introduced. [D7 p.2] • The worker denied a passive death wish and had no plan or intent. [D7 p.2] • The worker was to continue trauma-focused CBT. [D7 p.2] • The worker presented with mood a little better, walking daily, and still waking at 3 am. [D7 p.2]	D7 p.2
26 June 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker denied a passive death wish and had no plan or intent. [D7 p.3, D7 p.4] • The worker was tearful today. [D7 p.3] • The worker's goals were to be reviewed in the next session. [D7 p.3] • Trauma-focused work was conducted: imaginal exposure (session 1 of the hierarchy). [D7 p.3] • The worker presented as tearful and reported conflict with the claims manager this week. [D7 p.3, D7 p.4]	D7 p.3, D7 p.4
29 June 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 15 mg 30 tablets dispensed by West Pharmacy on 29-Jun-25. [D9 p.1]	D9 p.1
2 July 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Diazepam 5 mg 10 tablets dispensed by West Pharmacy on 02-Jul-25. [D9 p.1]	D9 p.1
7 July 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker presented as tearful and reported conflict with the claims manager this week. [D7 p.4] • The worker denied a passive death wish and had no plan or intent. [D7 p.5] • The behavioural activation schedule was reviewed, with 3 of 5 activities completed. [D7 p.4]	D7 p.4, D7 p.5
8 July 2025	**Dr Hollis Ollerenshaw-Tan** D8 · Clinical records · Claim document • The worker has a diagnosis of adjustment disorder with mixed anxiety and depressed mood. [D8 p.1] • The worker has no capacity for work from 08/07/2025 to 29/07/2025. [D8 p.1] • The next review is scheduled for 29/07/2025. [D8 p.1]	D8 p.1
11 July 2025	**Brindabella Rise Hospital - Emergency Department** D4 · Clinical records · Event • Triage category 3 recorded. [D4 p.1]	D4 p.1
12 July 2025	**Dr Saffron Mordaunt-Fyfe** D4 · Clinical records · Prior opinion, Event	D4 p.2, D4 p.3

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Date	Encounter / record	Source
	• Diagnosis of Adjustment disorder with mixed anxiety and depressed mood was recorded. [D4 p.2] • Date of admission recorded. [D4 p.3] • Mental state assessment recorded as low mood, poor sleep, guarded about the incident. [D4 p.2]	
12 July 2025	**Event** D4 · Clinical records • The worker was admitted to the hospital on 12/07/2025. [D4 p.3]	D4 p.3
15 July 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 100 mg 30 tablets dispensed by West Pharmacy on 15-Jul-25. [D9 p.1]	D9 p.1
16 July 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker reported flat affect. [D5 p.6] • The worker reported being reactive at times. [D5 p.6] • The worker reported no psychotic features. [D5 p.6] • The worker denied a passive death wish. [D5 p.6] • Mirtazapine was started at 15 mg nocte. [D5 p.6] • A referral letter was written. [D5 p.6] • The worker reported no plan or intent. [D5 p.6] • The worker attended a long consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.6] • The worker reported appetite down. [D5 p.6] • The worker reported weight stable. [D5 p.6] • The worker reported no alcohol increase. [D5 p.6]	D5 p.6
21 July 2025	**Dr Saffron Mordaunt-Fyfe** D4 · Clinical records · Event, Prior opinion • Date of discharge recorded. [D4 p.3] • Diagnosis of Adjustment disorder with mixed anxiety and depressed mood was recorded in the discharge summary. [D4 p.3]	D4 p.3
21 July 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker denied a passive death wish and had no plan or intent. [D7 p.5] • The worker's K10 score was 30. [D7 p.5] • Grounding and paced breathing were practised, and homework was set. [D7 p.5] • The worker presented with nightmares about the incident 5 nights a week and was avoiding the area. [D7 p.5]	D7 p.5
21 July 2025	**Event** D4 · Clinical records • The worker was discharged from the hospital on 21/07/2025. [D4 p.3]	D4 p.3
23 July 2025	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event • The worker was observed to be anxious and fidgeting with normal thought form; no suicidal ideation was present. [D5 p.7, D5 p.8] • The worker was reviewed for low mood and broken sleep since the incident. [D5 p.7, D5 p.8] • The worker attended a standard consultation with Dr Marigold Elderfield-Musa. [D5 p.7] • A referral letter was written. [D5 p.7] • The worker had protective factors related to family. [D5 p.8]	D5 p.7, D5 p.8
24 July 2025	**Greer Fenwhistle** D3 · Other · Claim document • A suitable duties plan states the review is in 4 weeks or sooner if symptoms increase. [D3 p.2] • A suitable duties plan states the worker is to do office support and phone	D3 p.2

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Date	Encounter / record	Source
	work for 2 hours per day, 2 days per week. [D3 p.2]	
28 July 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • Sleep hygiene and nightmare rescripting were introduced. [D7 p.6] • The worker presented with feelings of being on edge in crowds, startling easily, and poor concentration. [D7 p.6]	D7 p.6
30 July 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 15 mg 30 tablets dispensed by West Pharmacy on 30-Jul-25. [D9 p.1]	D9 p.1
1 Aug 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Treatment, Event, Prior opinion • The plan was to continue trauma-focused CBT. [D7 p.7] • The worker denied suicidal ideation or self-harm. [D7 p.7] • The clinician planned to continue trauma-focused CBT. [D7 p.7] • The worker presented with irritability with family and withdrawal from friends. [D7 p.7] • A relapse prevention plan was drafted. [D7 p.7] • A safety plan was reviewed. [D7 p.7] • The worker presented with symptoms of being irritable with family and withdrawn from friends. [D7 p.7]	D7 p.7
4 Aug 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 04-Aug-25. [D9 p.1]	D9 p.1
5 Aug 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker denied a passive death wish. [D7 p.8] • Grounding and paced breathing were practised. [D7 p.8] • Homework was set. [D7 p.8] • The plan was to continue trauma-focused CBT. [D7 p.8] • The worker reported still waking at 3 am. [D7 p.8] • The worker reported their mood was a little better. [D7 p.8] • The worker presented with mood a little better, walking daily, and still waking at 3 am. [D7 p.8]	D7 p.8
8 Aug 2025	**Dr Hollis Ollerenshaw-Tan** D8 · Clinical records · Claim document • The next review is scheduled for 22/08/2025. [D8 p.2] • The worker has no capacity for work from 08/08/2025 to 22/08/2025. [D8 p.2] • The worker has a diagnosis of adjustment disorder with mixed anxiety and depressed mood. [D8 p.2]	D8 p.2
11 Aug 2025	**Greer Fenwhistle** D3 · Other · Claim document • Suitable duties plan dated 11 Aug 2025 states hours of 4 hours per day, 3 days per week. [D3 p.3] • A suitable duties plan states the worker is to do supervised training tasks for 4 hours per day, 3 days per week. [D3 p.3] • A suitable duties plan states the review is in 4 weeks or sooner if symptoms increase. [D3 p.3] • Suitable duties plan dated 11 Aug 2025 states duties are supervised training tasks. [D3 p.3]	D3 p.3
13 Aug 2025	**Dr Hollis Ollerenshaw-Tan, Lyrebird Hollow Medical Centre** D8 · Clinical records · Claim document • Work Capacity Certificate dated 13/08/2025 states diagnosis of Adjustment disorder with mixed anxiety and depressed mood. [D8 p.3]	D8 p.3

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Date	Encounter / record	Source
	• Work Capacity Certificate dated 13/08/2025 states capacity for suitable duties 4 hours per day from 13/08/2025 to 03/09/2025. [D8 p.3]	
13 Aug 2025	**Dr Hollis Ollerenshaw-Tan** D8 · Clinical records · Claim document • The next review is scheduled for 03/09/2025. [D8 p.3]	D8 p.3
14 Aug 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 100 mg 30 tablets dispensed by West Pharmacy on 14-Aug-25. [D9 p.1]	D9 p.1
29 Aug 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker's GAD-7 score was 10. [D7 p.9] • The worker's PHQ-9 score was 13. [D7 p.9] • The worker's K10 score was 29. [D7 p.9] • Trauma-focused work included imaginal exposure (session 6 of the hierarchy). [D7 p.9] • The worker reported poor concentration. [D7 p.9] • The worker reported startling easily. [D7 p.9] • The worker reported feeling on edge in crowds. [D7 p.9] • The worker had no suicidal ideation and had protective factors of family. [D7 p.9] • The plan was for the next session in 2 weeks. [D7 p.9]	D7 p.9
30 Aug 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 30-Aug-25. [D9 p.1]	D9 p.1
1 Sept 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker had no suicidal ideation and had protective factors of family. [D7 p.10] • Sleep hygiene and nightmare rescripting were introduced. [D7 p.10] • The worker reviewed low mood and broken sleep since the incident. [D7 p.10]	D7 p.10
2 Sept 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 02-Sep-25. [D9 p.1]	D9 p.1
3 Sept 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker attended a long consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.7] • A certificate was issued. [D5 p.7, D5 p.8] • Mirtazapine was changed to 30 mg nocte. [D5 p.7, D5 p.8] • Sertraline was changed to 150 mg mane. [D5 p.7, D5 p.8] • The worker was observed to be anxious and fidgeting with normal thought form; suicidal ideation or self-harm was denied. [D5 p.7, D5 p.8] • The worker denied suicidal ideation or self-harm and a safety plan was reviewed. [D5 p.7, D5 p.8]	D5 p.7, D5 p.8
3 Sept 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment, Prior opinion • The worker reviewed low mood and broken sleep since the incident. [D7 p.11] • The worker's behavioural activation schedule was reviewed, with 3 of 5 activities done. [D7 p.11] • The worker denied suicidal ideation or self-harm and the safety plan was reviewed. [D7 p.11] • The worker completed 3 of 5 activities in the behavioural activation schedule. [D7 p.11]	D7 p.11

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Date	Encounter / record	Source
	• The behavioural activation schedule was reviewed. [D7 p.11] • The clinician planned to liaise with the GP regarding medicines. [D7 p.11]	
9 Sept 2025	**Event** D11 · Other • The worker could not do the washing. [D11 p.2] read by AI, not confirmed • The worker's mood was 5/10. [D11 p.2] read by AI, not confirmed	D11 p.2 Point(s) read by AI from a scanned page, not confirmed by a second reading
11 Sept 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Treatment, Event, Prior opinion • Trauma-focused work was conducted: imaginal exposure (session 2 of the hierarchy). [D7 p.12] • The worker was still waking at 3 am. [D7 p.12] • The worker's mood was a little better. [D7 p.12] • The worker was walking daily. [D7 p.12] • The clinician planned to continue trauma-focused CBT. [D7 p.12]	D7 p.12
18 Sept 2025	**Dr Ulla Thistlecombe** D5 · Clinical records · Event, Treatment • The worker denied a passive death wish and had no plan or intent. [D5 p.9] • No plan or intent for self-harm was present. [D5 p.9] • The worker was observed to be anxious and fidgeting with normal thought form; a passive death wish was denied. [D5 p.9] • The worker attended a telehealth consultation with Dr Ulla Thistlecombe. [D5 p.9] • The current plan was to be continued. [D5 p.9] • The worker was attending psychology fortnightly and found grounding helpful. [D5 p.9]	D5 p.9
23 Sept 2025	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Treatment, Event • A referral letter was written. [D5 p.9] • The worker had a brighter affect and organised thought with good insight. [D5 p.9] • The worker denied suicidal ideation or self-harm and had a safety plan reviewed. [D5 p.9] • The worker was reviewed regarding low mood and broken sleep since the incident. [D5 p.9]	D5 p.9
26 Sept 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 26-Sep-25. [D9 p.1]	D9 p.1
27 Sept 2025	**Event** D11 · Other • The worker's mood was 5/10. [D11 p.2] read by AI, not confirmed • The worker tried to walk to the shops. [D11 p.2] read by AI, not confirmed	D11 p.2 Point(s) read by AI from a scanned page, not confirmed by a second reading
1 Oct 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 01-Oct-25. [D9 p.1]	D9 p.1
1 Oct 2025	**Event** D11 · Other • The worker could not do the washing. [D11 p.3] read by AI, not confirmed • The worker's mood was 4/10. [D11 p.3] read by AI, not confirmed • The worker had a headache all day. [D11 p.3] read by AI, not confirmed • The worker's mood was 6/10. [D11 p.3] read by AI, not confirmed	D11 p.3 Point(s) read by AI from a scanned page, not confirmed by a second reading
3 Oct 2025	**Dr Hollis Ollerenshaw-Tan** D6 · Clinical records · Treatment, Prior opinion, Event • On 3 October 2025 the worker was taking Sertraline 150 mg mane and Mirtazapine 30 mg nocte. [D6 p.5, D6 p.6] • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single	D6 p.5, D6 p.6

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	episode, moderate and post-traumatic stress disorder on 3 October 2025. [D6 p.5] • The plan on 3 October 2025 was to continue the current program. [D6 p.5] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan on 3 October 2025; mood was flat and affect restricted, reactive to humour. [D6 p.5] • The worker was reviewed; there was no perceptual disturbance and cognition was grossly intact. [D6 p.6]	
3 Oct 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker was observed to have a flat affect and be reactive at times with no psychotic features. [D5 p.10] • The worker reported nightmares about the incident 4 nights a week and was avoiding the area. [D5 p.10]	D5 p.10
3 Oct 2025	**Cockatoo Flats Psychiatry Rooms** D10 · Correspondence · Prior opinion, Treatment, Event • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single episode, moderate and post-traumatic stress disorder. [D10 p.3] • The plan was to continue the current program. [D10 p.3] • The worker was reviewed by Dr Hollis Ollerenshaw-Tan who noted mood 'flat', affect restricted and reactive to humour, and thought content preoccupied with the incident. [D10 p.3] • Current medicines recorded as Sertraline 150 mg mane and Mirtazapine 30 mg nocte. [D10 p.3]	D10 p.3
17 Oct 2025	**Dr Hollis Ollerenshaw-Tan, Lyrebird Hollow Medical Centre** D8 · Clinical records · Claim document • Work Capacity Certificate dated 17/10/2025 states capacity for suitable duties 4 hours per day from 17/10/2025 to 07/11/2025. [D8 p.4] • Work Capacity Certificate dated 17/10/2025 states diagnosis of Adjustment disorder with mixed anxiety and depressed mood. [D8 p.4]	D8 p.4
20 Oct 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker denied suicidal ideation or self-harm and had a safety plan reviewed. [D5 p.10] • The worker was observed to be anxious and fidgeting with a normal thought form. [D5 p.10] • The worker reported mood a little better, walking daily and still waking at 3 am. [D5 p.10] • Bloods were ordered. [D5 p.10] • The worker had a K10 score of 24. [D5 p.10]	D5 p.10
23 Oct 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 23-Oct-25. [D9 p.1]	D9 p.1
29 Oct 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 29-Oct-25. [D9 p.1]	D9 p.1
31 Oct 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Prior opinion, Event, Investigation, Treatment • The clinician planned to continue trauma-focused CBT. [D7 p.13] • The worker presented with nightmares about the incident occurring 2 nights a week and avoiding the area. [D7 p.13] • The worker's behavioural activation schedule was reviewed, with 3 of 5 activities done. [D7 p.13] • The worker's K10 score was 27. [D7 p.13] • The worker was avoiding the area. [D7 p.13]	D7 p.13

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• The worker completed 3 of 5 activities in the behavioural activation schedule. [D7 p.13] • The K10 score was 27. [D7 p.13] • The DASS-21 Depression score was 20. [D7 p.13] • The DASS-21 Anxiety score was 14. [D7 p.13] • The DASS-21 Stress score was 20. [D7 p.13] • The behavioural activation schedule was reviewed. [D7 p.13]	
7 Nov 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker underwent trauma-focused work: imaginal exposure (session 4 of the hierarchy). [D7 p.14] • The worker presented tearful today and had conflict with the claims manager this week. [D7 p.14] • The worker denied SI or self-harm and the safety plan was reviewed. [D7 p.14]	D7 p.14
14 Nov 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Treatment, Event • The plan was to continue trauma-focused CBT. [D7 p.15] • The worker denied passive death wish, with no plan or intent. [D7 p.15] • The worker's relapse prevention plan was drafted. [D7 p.15] • A relapse prevention plan was drafted. [D7 p.15] • The worker presented feeling on edge in crowds, startling easily, and having poor concentration. [D7 p.15]	D7 p.15
15 Nov 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Treatment, Event • A certificate was issued. [D5 p.11] • The worker reported being tearful today and having a conflict with the claims manager this week. [D5 p.11] • The worker was observed to be tearful at times with good eye contact and normal speech rate. [D5 p.11] • The worker had no suicidal ideation and protective factors family. [D5 p.11] • The worker was tearful today and reported conflict with the claims manager this week. [D5 p.11]	D5 p.11
19 Nov 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Treatment, Event • Quetiapine was started at a dose of 25 mg nocte. [D5 p.12] • The worker denied a passive death wish and had no plan or intent. [D5 p.12] • On examination the worker had a brighter affect, organised thought and good insight. [D5 p.12] • The worker reported attending psychology fortnightly and finding grounding helpful. [D5 p.12]	D5 p.12
19 Nov 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 25 mg 30 tablets dispensed by West Pharmacy on 19-Nov-25. [D9 p.1]	D9 p.1
20 Nov 2025	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event, Treatment • On examination the worker was tearful at times with good eye contact and normal rate speech. [D5 p.12] • The worker had no suicidal ideation and protective factors included family. [D5 p.12] • Bloods were ordered. [D5 p.12] • The worker reported appetite down, weight stable and no alcohol increase. [D5 p.12]	D5 p.12
21 Nov 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment	D9 p.1

sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 21-Nov-25. [D9 p.1]	
25 Nov 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker presented with feelings of being on edge in crowds, startling easily and poor concentration. [D7 p.16] • The plan was to liaise with the GP regarding medicines. [D7 p.16] • Sleep hygiene and nightmare rescripting were introduced. [D7 p.16] • The worker denied a passive death wish and had no plan or intent. [D7 p.16]	D7 p.16
28 Nov 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 28-Nov-25. [D9 p.1]	D9 p.1
1 Dec 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Treatment, Event • The plan was to continue trauma-focused CBT. [D7 p.17] • K10 score was 26. [D7 p.17] read by AI, not confirmed • PHQ-9 score was 12. [D7 p.17] • The worker presented with nightmares about the incident 3 nights a week and was avoiding the area. [D7 p.17] • GAD-7 score was 8. [D7 p.17] read by AI, not confirmed • The worker denied a passive death wish and had no plan or intent. [D7 p.17] • Grounding and paced breathing were practised and homework was set. [D7 p.17]	D7 p.17 Point(s) read by AI from a scanned page, not confirmed by a second reading
11 Dec 2025	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker was reviewed regarding low mood and broken sleep since the incident. [D5 p.13] • The current plan was to be continued. [D5 p.13] • The worker presented with brighter affect, organised thought, and good insight; passive death wish was denied with no plan or intent. [D5 p.13]	D5 p.13
17 Dec 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 25 mg 30 tablets dispensed by West Pharmacy on 17-Dec-25. [D9 p.1]	D9 p.1
18 Dec 2025	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker was walking daily. [D7 p.18] • Trauma-focused work included imaginal exposure as session 3 of the hierarchy. [D7 p.18] • The worker was still waking at 3 am. [D7 p.18] • The worker's mood was a little better. [D7 p.18]	D7 p.18
22 Dec 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 22-Dec-25. [D9 p.2]	D9 p.2
28 Dec 2025	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 28-Dec-25. [D9 p.2] • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 28-Dec-25. [D9 p.2]	D9 p.2
2 Jan 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker reviewed low mood and broken sleep since the incident. [D7 p.19] • There was no suicidal ideation and protective factors were family. [D7 p.19] • Goals were to be reviewed at the next session. [D7 p.19] • Grounding and paced breathing were practised and homework was set. [D7	D7 p.19

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	p.19]	
7 Jan 2026	**Dr Ulla Thistlecombe** D5 · Clinical records · Event, Treatment • On examination the worker was anxious and fidgeting with normal thought form. [D5 p.13] • The worker reported mood a little better, walking daily and still waking at 3 am. [D5 p.13] • A certificate was issued. [D5 p.13] • Quetiapine was changed to a dose of 50 mg nocte. [D5 p.13] • The worker presented as anxious and fidgeting with normal thought form; suicidal ideation or self-harm was denied and safety plan reviewed. [D5 p.13] • The worker denied suicidal ideation or self-harm and a safety plan was reviewed. [D5 p.13]	D5 p.13
8 Jan 2026	**Pelorus Independent Medical Assessments** D12 · Prior report · Event, Prior opinion • The K10 score was 12. [D12 p.3] • The GAD-7 score was 9. [D12 p.3] • The PHQ-9 score was 10. [D12 p.3] • The examinee gave a history consistent with the records. [D12 p.1] • Questionnaires were completed in the waiting room. [D12 p.3]	D12 p.1, D12 p.3
15 Jan 2026	**Dr Hollis Ollerenshaw-Tan, Lyrebird Hollow Medical Centre** D8 · Clinical records · Claim document • Work Capacity Certificate dated 15/01/2026 states diagnosis of Adjustment disorder with mixed anxiety and depressed mood. [D8 p.5] • The worker was examined on 15/01/2026 and diagnosed with adjustment disorder with mixed anxiety and depressed mood. [D8 p.5] • Work Capacity Certificate dated 15/01/2026 states capacity for suitable duties 6 hours per day from 15/01/2026 to 12/02/2026. [D8 p.5] • The worker was certified as having suitable duties for 6 hours per day from 15/01/2026 to 12/02/2026. [D8 p.5]	D8 p.5
15 Jan 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker was attending psychology fortnightly and found grounding helpful. [D7 p.20] • Sleep hygiene and nightmare rescripting were introduced. [D7 p.20] • The worker denied suicidal ideation or self-harm and the safety plan was reviewed. [D7 p.20] • Goals were to be reviewed at the next session. [D7 p.20]	D7 p.20
19 Jan 2026	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Treatment, Event • The current plan was continued. [D5 p.14] • The worker presented tearful at times with good eye contact and normal speech rate; no suicidal ideation and protective factors family. [D5 p.14] • The worker reported appetite down, weight stable, and no alcohol increase. [D5 p.14] • The worker reported decreased appetite with stable weight and no increase in alcohol consumption. [D5 p.14]	D5 p.14
20 Jan 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • A behavioural activation schedule was reviewed with 3 of 5 activities completed. [D7 p.21] • The worker presented for a session reviewing low mood and broken sleep since the incident. [D7 p.21] • The next session was scheduled in 2 weeks. [D7 p.21] • The worker's K10 score was 23. [D7 p.21]	D7 p.21

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• The worker denied suicidal ideation or self-harm and the safety plan was reviewed. [D7 p.21]	
20 Jan 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 20-Jan-26. [D9 p.2]	D9 p.2
26 Jan 2026 (document date, p.1)	**Pelorus Independent Medical Assessments** D12 · Prior report · Investigation, Prior opinion • The worker scored 12 on the K10. [D12 p.3] • The worker scored 10 on the PHQ-9. [D12 p.3] • The worker scored 9 on the GAD-7. [D12 p.3] • The worker was diagnosed with Generalised anxiety disorder. [D12 p.4] • The worker is fit for suitable duties with restrictions. [D12 p.4] • The worker requires a time-limited program of further treatment. [D12 p.4]	D12 p.3, D12 p.4
26 Jan 2026 (document date, p.1)	**Treatment, Event** D12 · Prior report • Current medicines include Sertraline 150 mg, Mirtazapine 30 mg, and Quetiapine 50 mg. [D12 p.2] • The worker has received treatment since the injury from the GP and allied health. [D12 p.2]	D12 p.2
27 Jan 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • A relapse prevention plan was drafted. [D7 p.22] • The worker presented for a session reviewing low mood and broken sleep since the incident. [D7 p.22] • There was no suicidal ideation and protective factors included family. [D7 p.22]	D7 p.22
27 Jan 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 27-Jan-26. [D9 p.2]	D9 p.2
28 Jan 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 28-Jan-26. [D9 p.2]	D9 p.2
2 Feb 2026	**Dr Hollis Ollerenshaw-Tan, Lyrebird Hollow Medical Centre** D8 · Clinical records · Claim document • The worker was certified as having suitable duties for 6 hours per day from 02/02/2026 to 23/02/2026. [D8 p.6] • The worker was examined on 02/02/2026 and diagnosed with adjustment disorder with mixed anxiety and depressed mood. [D8 p.6] read by AI, not confirmed	D8 p.6 Point(s) read by AI from a scanned page, not confirmed by a second reading
10 Feb 2026	**Dr Ulla Thistlecombe** D5 · Clinical records · Event, Claim document • The worker reported being irritable with family and withdrawn from friends. [D5 p.14] • A certificate was issued. [D5 p.14] • The worker presented tearful at times with good eye contact and normal speech rate; suicidal ideation or self-harm was denied and safety plan reviewed. [D5 p.14]	D5 p.14
10 Feb 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker felt on edge in crowds, startled easily, and had poor concentration. [D7 p.23] • Sleep hygiene and nightmare rescripting were introduced. [D7 p.23] • A passive death wish was denied with no plan or intent. [D7 p.23] • Sleep hygiene and nightmare rescripting were introduced as interventions.	D7 p.23

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	[D7 p.23]	
12 Feb 2026	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event, Treatment • The worker had a standard consultation for review of blood pressure and cholesterol. [D5 p.15] • Amlodipine was increased to 10 mg. [D5 p.15] • Blood pressure was recorded as 150/90. [D5 p.15]	D5 p.15
20 Feb 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 20-Feb-26. [D9 p.2]	D9 p.2
23 Feb 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 23-Feb-26. [D9 p.2]	D9 p.2
25 Feb 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 25-Feb-26. [D9 p.2]	D9 p.2
26 Feb 2026	**Dr Ulla Thistlecombe** D5 · Clinical records · Event, Treatment • The worker denied suicidal ideation or self-harm. [D5 p.16] • The current plan was continued. [D5 p.16] • The worker reported being irritable with family and withdrawn from friends. [D5 p.16] • The worker was observed to be tearful at times with good eye contact and normal speech rate. [D5 p.16] • The worker presented for a long consultation with Dr Ulla Thistlecombe. [D5 p.16]	D5 p.16
27 Feb 2026	**Ironvale Self-Insurance Unit** D13 · Correspondence · Claim document • The insurer issued an Acknowledgement of claim for Claim WC-9252415. [D13 p.1]	D13 p.1
3 Mar 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker reported still waking at 3 am. [D5 p.16] • The worker reported mood was a little better and walking daily. [D5 p.16] • K10 score was 23. [D5 p.16] • The worker denied suicidal ideation or self-harm. [D5 p.16] • The worker was observed to be anxious and fidgeting with normal thought form. [D5 p.16] • The worker presented for a telehealth consultation with Dr Hollis Ollerenshaw-Tan. [D5 p.16] • The worker reported mood a little better, walking daily, and still waking at 3 am. [D5 p.16]	D5 p.16
10 Mar 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker reported decreased appetite and stable weight with no increase in alcohol consumption. [D7 p.24] read by AI, not confirmed • The worker and clinician discussed claims process stressors and assertive communication. [D7 p.24] • The clinician planned to liaise with the GP regarding medicines. [D7 p.24]	D7 p.24 Point(s) read by AI from a scanned page, not confirmed by a second reading
11 Mar 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Treatment, Event • A review was scheduled for 2 weeks. [D5 p.17] • The worker was reviewed for low mood and broken sleep since the incident. [D5 p.17] • The worker denied a passive death wish. [D5 p.17]	D5 p.17 Unverified point(s): quoted words not located on the cited page

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• The worker's K10 score was 22. [D5 p.17] unverified • The worker was observed to be anxious and fidgeting with normal thought form; passive death wish denied with no plan or intent. [D5 p.17]	
17 Mar 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment • The worker denied suicidal ideation or self-harm and a safety plan was reviewed. [D7 p.25] • The worker was tearful and reported conflict with the claims manager that week. [D7 p.25] • Psychometric testing scores were recorded: K10 23, PHQ-9 9, GAD-7 9, DASS-21 Depression 14, DASS-21 Anxiety 10, and DASS-21 Stress 16. [D7 p.25] • Grounding and paced breathing were practised and homework was set. [D7 p.25] • The worker's K10 score was 23. [D7 p.25] • The worker's PHQ-9 score was 9. [D7 p.25] • The worker's GAD-7 score was 9. [D7 p.25] • The worker's DASS-21 Depression score was 14. [D7 p.25] • The worker's DASS-21 Anxiety score was 10. [D7 p.25] • The worker's DASS-21 Stress score was 16. [D7 p.25] • Grounding and paced breathing were practised with homework set. [D7 p.25]	D7 p.25
22 Mar 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 22-Mar-26. [D9 p.2]	D9 p.2
23 Mar 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 23-Mar-26. [D9 p.2]	D9 p.2
24 Mar 2026	**Greer Fenwhistle** D3 · Other · Claim document • Suitable duties plan dated 24 Mar 2026 states duties are office support and phone work. [D3 p.4] • Suitable duties plan dated 24 Mar 2026 states hours of 6 hours per day, 4 days per week. [D3 p.4] • Suitable duties plan dated 24 Mar 2026 states review in 4 weeks or sooner if symptoms increase. [D3 p.4]	D3 p.4
26 Mar 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 26-Mar-26. [D9 p.2]	D9 p.2
31 Mar 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker's K10 score was 22. [D5 p.17] unverified • The worker was observed to be anxious and fidgeting with normal thought form; no suicidal ideation. [D5 p.17] • A referral letter was written. [D5 p.17] • The worker was reviewed for low mood and broken sleep since the incident. [D5 p.17]	D5 p.17 Unverified point(s): quoted words not located on the cited page
4 Apr 2026	**Dr Ulla Thistlecombe** D5 · Clinical records · Event, Treatment • The worker was attending psychology fortnightly and found grounding helpful. [D5 p.18] • The worker was observed to be tearful at times with good eye contact and normal speech rate; no suicidal ideation. [D5 p.18] • A review after specialist was scheduled. [D5 p.18]	D5 p.18

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
6 Apr 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker reviewed low mood and broken sleep since the incident. [D7 p.26] • The claims process stressors and assertive communication were discussed. [D7 p.26] • The worker denied a passive death wish and had no plan or intent. [D7 p.26]	D7 p.26
10 Apr 2026	**Dr Hollis Ollerenshaw-Tan** D6 · Clinical records · Treatment, Event, Prior opinion • The plan was to review in 6 weeks. [D6 p.6, D6 p.7] • The worker's current medicines were Sertraline 150 mg mane, Mirtazapine 30 mg nocte and Quetiapine 50 mg nocte. [D6 p.7] • The worker was reviewed; mood was flat and affect restricted, reactive to humour. [D6 p.7] • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single episode, moderate and post-traumatic stress disorder. [D6 p.6, D6 p.7]	D6 p.6, D6 p.7
10 Apr 2026	**Dr Honora Quenneville-Ash** D6 · Clinical records · Prior opinion • Dr Honora Quenneville-Ash diagnosed major depressive disorder, single episode, moderate; post-traumatic stress disorder. [D6 p.7]	D6 p.7
10 Apr 2026	**Ironvale Self-Insurance Unit** D13 · Correspondence · Claim document • The insurer issued a notification that the claim was accepted. [D13 p.2]	D13 p.2
16 Apr 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event, Treatment • The worker reported being irritable with family and withdrawn from friends. [D5 p.19] • The worker was observed to have a passive death wish denied with no plan or intent. [D5 p.19] • A certificate was issued. [D5 p.19] • The worker's K10 score was recorded as 25. [D5 p.19] • The worker was assessed with a flat affect, reactive at times, no psychotic features, passive death wish denied, and no plan or intent. [D5 p.19] • The worker was observed to have a flat affect and be reactive at times; no psychotic features. [D5 p.19]	D5 p.19
19 Apr 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 19-Apr-26. [D9 p.2] • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 19-Apr-26. [D9 p.2]	D9 p.2
20 Apr 2026	**Dr Ulla Thistlecombe** D5 · Clinical records · Event • The worker was assessed with tearful at times, good eye contact, speech normal rate, no suicidal ideation, and protective factors family. [D5 p.20] • The worker's K10 score was recorded as 22. [D5 p.20] • The worker reported mood a little better, walking daily, and still waking at 3 am. [D5 p.20]	D5 p.20
23 Apr 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 23-Apr-26. [D9 p.2]	D9 p.2
25 Apr 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker reported feeling on edge in crowds, startling easily, and having poor concentration. [D5 p.20] • The worker was assessed as anxious and fidgeting, with thought form normal; denied SI or self-harm, and safety plan reviewed. [D5 p.20]	D5 p.20
1 May 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Treatment	D7 p.27

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• The worker had no suicidal ideation and protective factors were family. [D7 p.27] • The plan was to continue trauma-focused CBT. [D7 p.27] • The behavioural activation schedule was reviewed and 3 of 5 activities were done. [D7 p.27] • The worker was tearful today and had conflict with the claims manager this week. [D7 p.27]	
15 May 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 15-May-26. [D9 p.2]	D9 p.2
20 May 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 20-May-26. [D9 p.2]	D9 p.2
20 May 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event • The worker had nightmares about the incident 3 nights a week and was avoiding the area. [D7 p.28] • The worker denied suicidal ideation or self-harm and a safety plan was reviewed. [D7 p.28]	D7 p.28
21 May 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker was assessed as anxious and fidgeting, with thought form normal, no suicidal ideation, and protective factors family. [D5 p.21] • The worker's K10 score was recorded as 22. [D5 p.21] • The worker was observed to be anxious and fidgeting with normal thought form; no suicidal ideation. [D5 p.21] • The worker reported mood a little better, walking daily, and still waking at 3 am. [D5 p.21]	D5 p.21
21 May 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 21-May-26. [D9 p.2]	D9 p.2
2 June 2026	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event, Treatment • The worker's K10 score was recorded as 21. [D5 p.22] • The worker was observed to have a brighter affect, organised thought, and good insight; passive death wish denied. [D5 p.22] • The worker reported appetite down, weight stable, and no alcohol increase. [D5 p.22] • Bloods were ordered. [D5 p.22] • The worker reported decreased appetite with stable weight and no increase in alcohol consumption. [D5 p.22]	D5 p.22
12 June 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 12-Jun-26. [D9 p.2]	D9 p.2
17 June 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 17-Jun-26. [D9 p.2]	D9 p.2
19 June 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker was observed to be tearful at times with good eye contact and normal speech rate; passive death wish denied. [D5 p.22] • The worker reported mood was a little better, walking daily, and still waking at 3 am. [D5 p.22]	D5 p.22
20 June 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment	D9 p.3

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	• Mirtazapine 30 mg 30 tablets dispensed by West Pharmacy on 20-Jun-26. [D9 p.3]	
22 June 2026	**Dr Marigold Elderfield-Musa** D5 · Clinical records · Event, Treatment • The worker was observed to have a brighter affect, organised thought, and good insight; denied SI or self-harm. [D5 p.23] • Bloods were ordered. [D5 p.23] • The worker reported feeling on edge in crowds, startling easily, and having poor concentration. [D5 p.23]	D5 p.23
3 July 2026	**Dr Hollis Ollerenshaw-Tan** D6 · Clinical records · Event, Treatment, Prior opinion • The worker completed questionnaires today. [D6 p.9] • The plan included hydrotherapy and a graded program. [D6 p.9] • The worker's GAD-7 score was 7. [D6 p.9] • The worker's PHQ-9 score was 10. [D6 p.9] • The worker's K10 score was 23. [D6 p.9] • The plan was to review in 3 months. [D6 p.9] • The worker was taking Sertraline 150 mg mane and Quetiapine 50 mg nocte. [D6 p.8] • The worker's thought content was preoccupied with the incident. [D6 p.8] • The worker's mood was flat and affect restricted, reactive to humour. [D6 p.8] • Dr Hollis Ollerenshaw-Tan diagnosed major depressive disorder, single episode, moderate; post-traumatic stress disorder. [D6 p.8]	D6 p.8, D6 p.9
4 July 2026	**Dr Hollis Ollerenshaw-Tan** D5 · Clinical records · Event • The worker reported appetite down, weight stable, and no alcohol increase. [D5 p.23] • The worker was observed to be anxious and fidgeting with normal thought form; passive death wish denied. [D5 p.23] • The worker reported decreased appetite, stable weight, and no increase in alcohol consumption. [D5 p.23]	D5 p.23
10 July 2026	**Ysolde Zennor-Blythe** D7 · Clinical records · Event, Investigation • The worker denied suicidal ideation or self-harm and a safety plan was reviewed. [D7 p.29] • K10 score was 20. [D7 p.29] • CBT thought record was reviewed and catastrophising about returning to work was identified. [D7 p.29] • The worker had nightmares about the incident 3 nights a week and was avoiding the area. [D7 p.29]	D7 p.29
10 July 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Quetiapine 50 mg 30 tablets dispensed by West Pharmacy on 10-Jul-26. [D9 p.3]	D9 p.3
13 July 2026	**Ironvale Self-Insurance Unit** D13 · Correspondence · Claim document • The document is a notification that treatment has been approved for Darius Lee Castagna regarding claim WC-9252415. [D13 p.3] • The insurer issued a notification that treatment was approved. [D13 p.3]	D13 p.3
15 July 2026	**Dr Ollerenshaw-Tan** D9 · Clinical records · Treatment • Sertraline 150 mg 30 tablets dispensed by West Pharmacy on 15-Jul-26. [D9 p.3]	D9 p.3
7 Aug 2026	**Ironvale Self-Insurance Unit** D13 · Correspondence · Claim document • The document is a request for information regarding claim WC-9252415, noting that the request from the treating practitioner has been approved.	D13 p.4

Sample: synthetic brief, not a real person

Sample: synthetic brief, not a real person

Date	Encounter / record	Source
	[D13 p.4]	
7 Sept 2026	**Lyrebird Hollow Medical Centre** D14 · Other · Claim document • A facsimile was sent from Lyrebird Hollow Medical Centre to Thornbury Lisle Lawyers regarding Darius Lee Castagna on 07/09/2026. [D14 p.1]	D14 p.1
17 Sept 2026	**Thornbury Lisle Lawyers** D1 · Letter of instruction · Claim document • The letter lists the claim number as WC-9252415 and provides contact details for Darius Lee Castagna. [D1 p.1] • The letter encloses treating records listed in the index. [D1 p.1] • The letter states that the client says he was injured on 30 April 2025 and that a psychological injury followed. [D1 p.1] • A letter dated 17 September 2026 from Thornbury Lisle Lawyers to Dr Examiner (psychiatry) requested an independent assessment of Darius Lee Castagna on Sunday 8 November 2026. [D1 p.1] • The letter includes seven questions for the examiner regarding diagnoses, treatment, measurements, inconsistencies, capacity, further treatment, and document relevance. [D1 p.2] • The index of enclosed documents is attached to the brief by Thornbury Lisle Lawyers' office. [D1 p.3]	D1 p.1, D1 p.2, D1 p.3
Undated: the pages these come from carry no date for them; grouped by document and page		
Undated	**Event, Claim document** D2 · Other • The worker reported that since the incident they cannot sleep and are scared to go out. [D2 p.2] • The worker declared the information in the application is true. [D2 p.3] • The worker stated they have not had a similar injury before. [D2 p.2] • The worker reported seeing their GP soon after the incident. [D2 p.2]	D2 p.2, D2 p.3
Undated	**Treatment** D4 · Clinical records • Diazepam 5 mg prn, max 2 per week was prescribed on discharge. [D4 p.4] • The worker was referred for follow up with a GP in one week. [D4 p.4] • The worker was referred for follow up with a specialist clinic in two weeks. [D4 p.4] • Mirtazapine 15 mg nocte was prescribed on discharge. [D4 p.4] • Sertraline 100 mg mane was prescribed on discharge. [D4 p.4]	D4 p.4
Undated	**Dr Saffron Mordaunt-Fyfe** D4 · Clinical records · Prior opinion • Dr Saffron Mordaunt-Fyfe diagnosed the worker with adjustment disorder with mixed anxiety and depressed mood. [D4 p.3]	D4 p.3
Undated	**Brindabella Rise Hospital - Emergency Department** D4 · Clinical records · Event • The worker was admitted to the mental health unit as a voluntary patient. [D4 p.1] • The worker was seen by the mental health liaison team. [D4 p.1] • The worker reports nightmares and not sleeping since the incident. [D4 p.1] • The worker was brought in by family with worsening depression with passive suicidal ideation. [D4 p.1]	D4 p.1

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